



Rinnoji Temple  
Gomado

# Zazen Experience

The Gomado is open every day for Zazen experience except when the Rinnoji Temple holds an event such as memorial services. (Please check its closure in advance)

## [ Course A ] Zazen and Goma Prayer Plan (90 min.)

**Fee** ¥7,000 Tax included **Times** 10:00/13:00 **Gift** Select your gift from among two options: Amulet and Beads Bracelet.

**Procedures** Meet at Gomado and sign in > Zazen briefing and practice > Gomakito

## [ Course B ] Zazen Only Plan (50 min.)

**Fee** ¥5,000 Tax included **Times** Summer Times 10:00/13:00/15:00 Winter Times 10:00/13:00/14:30

**Procedures** Meet at Gomado and sign in > Zazen briefing and practice

Advance booking is required. Please make a reservation with Nikko Odekake Salon or a Nikko Shun Tabi Club participating facility by 17:00 on the day before your visit.

\*Both Course A and Course B require at least two participants. Booking is closed once the number of applicants reaches 10 in total for Courses A and B for session start time.

\*Both Course A and Course B Please arrive at Rinnoji Temple Gomado by 15 minutes before your session start.

\*Cushion will be provided at Gomado

\*Shakyo Calligraphy (about 20 minutes) can be also experienced on the day. (additional ¥1,000 including Isshinkanbutsu Goshuin)

### Book Now

Nikko Odekake Salon

TEL:0288-54-2700

<http://www.nikko-odekake.com>



You may check the list of Nikko Shun Tabi Club participating facilities.

### Location

Rinnoji Temple Gomado

TEL:0288-54-0532

<https://www.rinnoji.or.jp/access/>



Access